

PIZZAS

All pizzas
contain
tomato
sauce &
cheese

	S	M
1. MARGHARITA tomato sauce, cheese	99kr	119kr
2. VESUVIO ham	109kr	129kr
3. CAPRICCIOSA ham, mushrooms	115kr	135kr
4. HAWAII ham, pineapple	115kr	135kr
5 CALZONE (ONE SIZE) ham, mushrooms (folded)		135kr
6. QUATTRO STAGIONI ham, mushrooms, artichoke, hand-peeled shrimps	129kr	149kr
7. KEBAB PIZZA beef or chicken kebab, mushrooms, onion, feferoni, kebab sauce	129kr	149kr
8. BAGARENS beef / chicken kebab, salad, onion, cocktail tomatoes, cucumber, feferoni, kebab sauce	145kr	165kr
9. VEGETARIANA portabello mushrooms, zucchini, peppers, kalamata olives, crispy kale, parsley oil	129kr	149kr
10. PÄRLA scampi, curry, Mena Mano sauce, parsley oil	135kr	155kr
11. PEPPERONI PIZZA mozzarella, pepperoni sausages,	115kr	135kr
12. QUATTRO FORMAGGIO mozzarella, gouda, parmigiano, gorgonzola	119kr	139kr
13. BBQ-CHICKEN mozzarella, chicken, peppers, onion, BBQ sauce	125kr	145kr
14. BOMBAY mozzarella, chicken, pineapple, peppers, banana, mangoraja, coriander	125kr	145kr
15. THE ITALIAN mozzarella, cocktail tomatoes, salami Milano, parmigiano flakes, baby spinach, truffle oil	129kr	149kr
16. THE MEXICAN SPICY mozzarella, minced pork, peppers, onion, jalapeños, chilimayo, coriander	129kr	149kr
17. HAVETS (ONE SIZE) mozzarella, hand-peeled shrimps, smoked salmon, tomato & garlic mayo, chili flakes, red onions, parsley, lemon wedge		209kr
18. MENA MANO SPECIAL mozzarella, gorgonzola, portabello mushrooms, cocktail tomatoes, salsiccia, parsley oil	135kr	155kr

only Medium

GLUTEN-FREE PIZZA CRUST +29kr

ADD SAUCE +15kr

SALAD BOWLS

KEBAB 139kr

Beef or chicken kebab, mixed salad, cucumber, tomato, red onion, pickled red cabbage, parsley, feferoni, kebab sauce

TERIYAKI CHICKEN 149kr

Teriyaki chicken, mixed salad, black rice, red onion, soybeans, cashew nuts, sesame seeds, coriander, asian dressing

SPICY SALMON 159kr SMOKED SALMON

Poké salmon, mixed salad, glass noodles, pickled carrot, soybeans, mango, avocado, sesame seeds, roasted onions, coriander, chilimayo

GREEN FUSION 145kr

Mixed salad, black rice, pickled red cabbage, cottage cheese, hummus, avocado, chickpeas, crispy kale

new version FALAFEL 149kr VEGAN

Falafel, mixed salad, bulgur, pickled red onion, hummus, cucumber, sesame seeds, crispy kale, sesame sauce

FALAFEL VEGAN

mixed salad | pickled red cabbage | cucumber | tomato | parsley | feferoni | red onion | kebab sauce

included

VEGAN WRAP / FRIES / RICE

PLATE 139kr

with french fries / rice

WRAP 139kr

homemade flatbread

PIDE BREAD 139kr

with sesame seeds

FALAFELBOX 119kr

with french fries / rice

DÖNER KEBAB

mixed salad | pickled red cabbage | cucumber | tomato | parsley | feferoni | red onion | kebab sauce

included

CHICKEN or BEEF

PLATE 139kr

with french fries / rice

WRAP 139kr

homemade flatbread

PIDE BREAD 139kr

with sesame seeds

DÖNERBOX 119kr

with french fries / rice

CHOOSE
SAUCE

MILD
KEBABSauce

SPICY
KEBABSauce

GARLIC

TZATZIKI

SESAM
MAYO VEGAN

CREATE BOWLS

1. Select base

Black rice, mixed salad, glass noodles, bulgur

2. Vegetables & fruit

Select 3 ingredients

3. Select protein

Teriyaki chicken, beef kebab, chicken kebab, falafel, smoked salmon, poké salmon, hand-peeled shrimps

4. Topping

Cashew nuts, roasted chickpeas, roasted onions, sesame seeds, crispy kale, coriander, salad cheese

145kr

SMOKED SALMON / SHRIMPS / POKÉ SALMON +10kr

DRESSING
MIXTURES

SESAMMAYO VEGAN
CHILIMAYO
HUMMUS VEGAN
TZATZIKI

SPICY KEBABSauce
MILD KEBABSauce
COTTAGE CHEESE
TOMATO & GARLIC MAYO

MANGORAJA
PARSLEY OIL VEGAN
GARLIC SAUCE
ASIAN DRESSING

KIDSMENU

BEEF- / CHICKEN KEBAB / FALAFEL

PLATE WITH FRENCH FRIES OR RICE

mild kebab sauce, cucumber, tomato & mixed salad included

MARGHARITA

SMALL
SIZE

79kr

FESTIS/MILK INCLUDED

Up to 12 years

DESSERT

NUTELLA PIZZA

99kr

with berries, icing sugar, banana

SMALL
SIZE

CHURROS SNACKS 69kr

Fried dough balls in sugar, Cinnamon topped with nutella

SIDES

FRENCH FRIES with dip 55kr
HALLOUMI FRIES with dip 65kr
FALAFEL 4pcs with dip 69kr
HUMMUS 49kr
TZATZIKI 49kr
GARLIC BREAD with cheese & parsley 99kr
FLATBREAD 35kr
SESAME BREAD 35kr

0300-52 17 90
Kungsparksvägen 80
info@menamano.se

Follow us on
menamano.se

